

Nutrition Services



Nutrition services are available at Full Circle Health. Our **Dietitian Nutritionists** offer support and guidance for adults and children and are here to help patients meet nutritional goals and manage health conditions.

Virtual and in-person appointments are available. Interpreters available.

Schedule an appointment today at the front desk, call **(208) 514-2500**, or ask your doctor for a referral. Most insurance plans cover at least one nutrition visit.



Dietitian Nutritionists are here to help with:

- Diabetes and blood sugar control
- Blood pressure and cholesterol
- Nutrition during pregnancy
- Gastrointestinal: IBS, Crohn's disease, gastroparesis, GERD
- Anemia
- Nutrition for kids and teens
- Chronic kidney disease
- Liver disease
- Eating healthy on a budget
- Plant-based diets
- Nutrition for families
- Healthy meal planning
- Behavior change while using weight loss medications
- Weight management and Intuitive Eating